

Bistro Breakfast

Served All Day

Bistro Bagel <u>\$8.75</u>	Plain Jane Sandwich <u>\$6.50</u>
Egg Frittata – Roasted Turkey – Bacon Cheddar – Tomato Sofrito Veggie Cream Cheese – On <u>Your Choice</u>	Egg Frittata – Choose Meat – Choose Cheese On <u>Your Choice</u>
Miss Anna’s Caribbean Sandwich <u>\$8.50</u>	No Bagel, No Carb <u>\$7.25</u>
Egg Frittata – Roasted Turkey Cheddar – Spicy Cream Cheese On <u>Your Choice</u>	Egg Frittatas(2) – Choose Bacon or Ham or Sausage or Roasted Turkey Choose Cheddar or Provolone or PepperJack
Lox and Bagel <u>\$9.25</u>	The Vegenator Sandwich <u>\$8.25</u>
Smoked Salmon – Tomato – Red Onion Capers – Plain Cream Cheese On <u>Your Choice</u>	Sautéed Spinach and Mushroom Provolone – Veggie Cream Cheese Tomato – On <u>Your Choice</u>
Crunch Time <u>\$9.00</u>	Steak and Egg Wrap <u>\$9.50</u>
Frittata with Peppers, Jalapeno, Onion Hash Brown – Choose Meat, Cheese, Bread	3 oz Philly Steak – Egg Frittata – Steak Sauce Provolone Cheese – Wrap – Pressed
Twain’s Breakfast Wrap <u>\$8.75</u>	Mediterranean Egg White Sandwich <u>\$9.00</u>
Egg Frittata – Pep-Jack & Cheddar Cheese Chipotle-Ancho Aoli Choose Bacon or Ham or Sausage	Egg White Frittata – Fresh Spinach Provolone – Basil Pesto – Tomato Sofrito On <u>Your Choice</u>
The Stacy <u>\$5.75</u>	Bagel and Cream Cheese <u>\$3.50</u>
Maple-Pecan Cream Cheese – Bacon On Everything Bagel or <u>Your Choice</u>	Choose: Plain – Veggie – Tomato & Basil Miss Anna’s Spicy – Island Herb – Strawberry <u>Bagel Only: \$2.25</u>

PICK TWO

Add a Cup of Soup, side Caesar or side Garden Salad to any menu item

- ❖ Add an 8 oz. Cup of Soup \$3.50
- ❖ Add a Side Caesar Salad \$4.00
- ❖ Add a Side Garden Salad \$4.00

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|-------------------------|---------------|
| ❖ Bowl of Soup (12 oz.) | <u>\$5.00</u> |
|-------------------------|---------------|

Your Choice

- ❖ House-Made Thick Focaccia Bread
- ❖ House-Made Croissant
- ❖ Tortilla Wrap
- ❖ Ciabatta Bun
- ❖ Sliced Toast (Multigrain, Rye, White)
- ❖ Bagel (White, Wheat, Everything, Cinnamon Raisin, Power Protein, Asiago Topped – Add \$0.75)
- ❖ House-Made Sub Roll
- ❖ Bed of Romaine Lettuce

Lunch Side Items

- ❖ Apple \$2.00
- ❖ House Potato Chips \$2.50
- ❖ Banana \$1.50
- ❖ Organic Granola Bar \$1.75
- ❖ Crispy Hash Brown \$1.75
- ❖ Season Steak Fries \$3.00

Bistro Lunch Sandwiches

Served All Day

Shrimp Carnival Wrap **\$11.00**

Crispy Shrimp – Black Beans & Corn
Lettuce – Tomato – Jalapeno – Red Onion
Chipotle Sauce – Tortilla Wrap & Side Item

Herbed Tomato Sandwich **\$8.50**

Herbed Roasted Tomatoes with Red Onions
Tomato-Basil Cream Cheese – Alfalfa Sprouts
Provolone – On **Your Choice** & Side Item

Veggie Bagel **\$9.50**

4 Oz. Morningstar Veggie Burger – Tomato
Caramelized Onions – Veggie Cream Cheese
Lettuce – On **Your Choice** & Side Item

Albacore Tuna Salad Sandwich **\$8.75**

Solid White Tuna with Diced Onions and Eggs
Lettuce – Tomato
On **Your Choice** & Side Item

Chicken Salad Sandwich **\$8.50**

Solid White Chicken with Light Mayo and
Cranberries and Almonds and Cilantro
Romaine – On **Your Choice** & Side Item

Chicken Pesto Press **\$11.00**

Chicken Breast – Basil-Pesto – Red Peppers
Provolone – Herb Cream Cheese
On **Your Choice** & Side Item

Crispy Chicken Wrap **\$10.50**

Choose One & Side Item

Caesar

- Lettuce
- Asiago
Cheese
- Ceasar
Dressing

BBQ

- Lettuce
- Tomato
- Cheddar
- BBQ
Sauce

Buffalo

- Lettuce
- Tomato
- Blue Chz
Crumbles
- Buff Sauce

General Tso

- Lettuce
- Carrots
- Sesame Seed
- General Tso
Sauce

Plain John **\$9.00**

2 oz Turkey – Lettuce – Tomato – Red Onion
Mayo – Cheese – On **Your Choice** & Side Item

Double Turkey, Add **\$2.00**

Add Bacon **\$2.00**

Corleone **\$12.50**

Roast Beef – Salami – Smoked Ham – Lettuce
Cheddar – Provolone – Pepperoncini - Red Onion
– Italian Dressing – House Sub Roll
& Side Item

Ancho Ranch Chicken **\$11.00**

Chicken Breast – Ancho Ranch Dressing
Bacon – Cheddar Cheese – Caramelized Onions
On **Your Choice** & Side Item

Georgia Classic **\$8.00**

Crispy Chicken Breast – Sliced Dill Pickles
Ciabatta Bun & Side Item

Make it Buffalo **\$1.50**

Make it BBQ **\$1.00**

Make it a Chicken Parm. (Marinara, Cheese) **\$3.00**

Other Add-Ons: Lettuce, Tomato, Cheese, Bacon, etc.

Asiago Roast Beef **\$11.75**

Roast Beef – Cheddar Cheese – Lettuce
Herb Cream Cheese – Tomato – Red Onion
Asiago Topped Ciabatta Bun
On **Your Choice** & Side Item

Hand-Breaded Chicken Tenders **\$10.50**

Four Chicken Tenders – Choose Side Item
Choose Side Sauce: Buffalo, BBQ, Caesar,
General Tso, Ancho-Ranch, Regular Ranch
Blue Cheese, Honey Mustard

Bistro Salads

served with side focaccia bread

Caesar Salad **\$6.50**

Romaine – Asiago Cheese – House Made
Focaccia Croutons – Creamy Caesar Dressing

Bistro Garden Salad **\$6.75**

Romaine – Spinach – Radicchio – Carrots
Tomato – Cucumber – Choice of Dressing

Dressings: Cranberry-Herb, Sesame-Ginger,
Italian, Caesar, Honey-Mustard, Greek,
Ancho-Ranch, Chunky-Blue-Cheese

Salad Add-On Proteins

Baked Chicken **\$3.25**

Crispy Chicken **\$3.75**

Crispy Shrimp **\$4.25**

Bistro Lunch

Served All Day

Bistro Specialty Big Salads

served with side focaccia bread

Sub Spinach on any Salad for **\$1.00**

Sesame Chop Salad **\$12.50**

Baked Chicken – Romaine – Mandarin Oranges
Sesame Seeds – Wonton Strips – Almonds
Sesame-Ginger Dressing

BBQ Chop Salad **\$12.25**

Baked Chicken – Romaine – Tomato
Black Beans – Corn – Tortilla Strips
Ancho-Ranch Dressing

Chicken Cobb Interrupted Salad **\$12.75**

Baked Chicken – Romaine – Tomato – Egg
Crumbled Bacon – Blue Cheese Crumbles
Cranberry-Herb Dressing

Big Fat Greek Salad **\$11.50**

Romaine – Radicchio – Feta – Kalamata Olives
Cucumber – Tomato – Red Onion – Oregano
Pepperoncini – EVOO Greek Dressing

Add Baked Chicken **\$3.25**

Spinach Salad **\$10.50**

Spinach – Toasted Almonds – Dried Cranberries
Blue Cheese or Feta Crumbles – Side Dressing

Add Egg **\$1.00**

Add Bacon **\$2.00**

Add Baked Chicken **\$3.25**

Bistro Bar

Choose from: 2% milk, skim milk, soy milk, almond milk or coconut milk

Fresh Brewed Bistro Coffee

12 oz **\$2.00** 16 oz **\$2.50** 20 oz **\$3.00**

Tazo Hot Tea

12 oz **\$2.50** 16 oz **\$2.50** 20 oz **\$3.00** 24 oz **\$3.50**
(Iced only)

Chai Tea Latte

12 oz **\$4.50** 16 oz **\$5.00** 20 oz **\$5.50** 24 oz **\$6.00**
(Iced only)

Cold Press Iced Coffee

16 oz **\$3.00** 24 oz **\$4.00**

Americano (espresso and water)

12 oz **\$2.50** 16 oz **\$3.00** 20 oz **\$3.50** 24 oz **\$4.00**
(Iced only)

Latte (with no flavor shot)

12 oz **\$4.00** 16 oz **\$4.50** 20 oz **\$5.00** 24 oz **\$5.50**
(Iced only)

Flavored Latte (choose flavor shot(s))

12 oz **\$5.00** 16 oz **\$5.75** 20 oz **\$6.50** 24 oz **\$7.25**
(Iced only)

Mocha

12 oz **\$5.00** 16 oz **\$5.75** 20 oz **\$6.50** 24 oz **\$7.25**
(Iced only)

Caramel Macchiato

12 oz **\$5.00** 16 oz **\$5.75** 20 oz **\$6.50** 24 oz **\$7.25**
(Iced only)

Flavor Shots

Vanilla – Caramel – Hazelnut – Amaretto – Peppermint
Irish Cream – Pumpkin Pie – Raspberry – Coconut
Sugar Free: Vanilla – Caramel – Hazelnut – Raspberry

Bistro Signature Frappe (16 oz) **\$7.00**

- Arabica Mocha
- Extreme Toffee Coffee
- Caramel Latte
- Vanilla Latte
- Coconut-Mocha
- Chocolate Decadence (caffeine free)
- Chocolate Mint Cookie (caffeine free)
- White Chocolate (caffeine free)

All Natural Smoothie (16 oz) **\$6.00**

- Strawberry
- Mango
- Guava
- Passion Fruit
- Lemon
- Peach
- Pina Colada
- Or Mix Two Flavors (2 only)

- Add a Banana **\$1.25**

- Add Protein Powder (22g) **\$2.50**

Protein Smoothie (22 grams) **\$7.00**

- Berry Delight
- Chocolate Espresso

All Natural Signature Lemonade

16 oz **\$3.00** 24 oz **\$3.75** - Add a Cherry Shot **\$0.75**

Fountain Soda & Iced Tea (Free Refills)

24 oz **\$3.00**